Silicone Finger Implant™
Manufactured from high tear resistant implant grade silicone

Surgical Technique

- Proven dorsal load transferring hinge design
- Eleven, evenly scaled sizes for comprehensive anatomical fit
- Simple, precise instrumentation
- Designed and manufactured by an independent British company
Identify the correct size of implant prior to surgery using a recent X-ray, if the X-ray suggests an intermediate size to those available, selection of the smaller size is recommended.

### Preparation

#### For MCP
Expose the joint by making a single transverse incision over the necks of the metacarpal bones, or a longitudinal incision over the dorsum of the MCP joint. Preserve the joint capsule as far as possible for later repair.

Care should be taken to avoid damage to the dorsal veins and digital nerves.

Expose the joint so that the MCP joint and origins of the collateral ligaments are visible.

#### For PIP
Expose the PIP joint using either a lateral or C-shaped dorsal incision.

The central tendon is then cut longitudinally from the base of the middle phalanx to the distal two-thirds of the proximal phalanx.

The extensor mechanism can then be deflected gently palmward without disturbing the insertion of each half of the central tendon into the middle phalanx.

### Removing the damaged bone

#### For MCP
Use an oscillating saw to remove the metacarpal head whilst retaining some of the metaphyseal flare.

If necessary, remove the head of the proximal phalanx, removing only the minimum amount of bone. Otherwise, simply remove osteophytes and sharp edges to form a good surface for the distal side of the implant to sit against.

#### For PIP
Using an oscillating saw remove the head of the proximal phalanx distal to the metaphyseal flare.

If possible, leave the collateral ligaments intact otherwise they can be reattached using a Dacron suture. If necessary, remove the base of the middle phalanx, but only remove the minimum amount of bone. Otherwise, simply remove osteophytes and sharp edges to form a good surface for the implant to hinge against.
Indications
In rheumatoid or post-traumatic disabilities of the MCP joint with:
- Fixed or stiff MCP joints
- X-ray evidence of joint destruction or subluxation
- Ulna drift, not correctable by more conservative treatment
- Contracted intrinsic and extrinsic musculature and ligament system
- Associated stiff interphalangeal joints

In rheumatoid, degenerative or post-traumatic disabilities of the PIP joint with:
- Destroyed or subluxed joint
- Stiffened joints which could not be corrected by a joint tissue release

3 Opening up the canals
Using the starter awl, puncture the proximal end of the phalanx along its axis and then the distal end of the metacarpal.
Open up the canals using the proximal/distal rasps where applicable, ensuring the dorsal side is facing upwards. Initially the smaller rasps should be used and then increased to the intended implant size.
Do NOT rotate the rasps or hit them with a mallet.

4 Preparation of the implant
Use a fine burr to remove osteophytes and sharp edges that could damage the implant.
Irrigate the bone canals with saline solution to remove any bone debris.
Contraindications

- Infection
- Un-cooperative patient
- Inadequate condition of bone, skin or neurovascular system
- Permanently damaged tendon system
- Potentially successful conservative treatment
- Young patients with open epiphyses

5 Trial fit

Insert a blue implant sizer. It is easiest to flex both the finger and the sizer and insert the longer proximal stem first.

Ensure that the finger has full movement and that the flat sides of the hinge area fit flush against the bone on both sides (Figure 1)

Ensure that the joint is not too tightly packed. Conservatively remove additional bone as in step 2 if required.

6 Implanting and closing

Remove the sizer and insert the implant in the same way as the trial. Again, ensure a good fit and that the finger has a full range of motion.

Atraumatic forceps should be used to avoid damaging the implant.

Perform any necessary soft tissue reconstruction and close the wound in the usual manner.
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<tr>
<th>Implants</th>
<th>Sizers</th>
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**Instrument Sets**

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<th>Description</th>
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<td>Instrument Tray, Empty</td>
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Individual Rasps also available on request

**Caution:** Federal law restricts this device to sales by or on the order of a physician